

HOW TO PREVENT A COLD

Persian Pelican

How to Prevent a Cold is Persian Pelican's second studio album. It comes four years after the debut lp ***These Cats Wear Skirts to Expiate Original Sin***. The new songs were written between Rome and Barcelona and evolved during a year of live performances in the Catalan capital.

Produced and recorded in collaboration with Michele Boreggi between the summer of 2011 and the spring of 2012, the album gradually acquired complex levels of depth and detail in its arrangements stemming from the many-faceted and unique environment created by hard work and creative partnership. The rhythm and percussion on the disc were played by Marcello Piccinini (drummer for Beatrice Antolini and Alessandra Celletti) and the overall sound was rounded out by instruments such as the farsifa, accordion and cello.

How to Prevent a Cold examines the acoustic, melancholic and introverted American songwriting of artists such as Sparklehorse, Bill Callahan and Vic Chestnut. The album traverses decadent atmospheres, such as in *Dorothy* and *Glass Fragments in the Soup*, waves of pace and mood as can be heard in *There is No Forever For Us* or *Indian Ink*, as well as glimpses into nostalgic moments of happiness where the melody quietly commands focus like in *Everyone With His Own Past*, *How to Prevent a Cold* and *Nothing to Hide*. The lyrics include biographical events while also nodding at Italian crepusculari poets like Guido Gozzano and referencing cinema through the words of Todd Solondz and Joao Cesar Monteiro. Despite the pragmatic title of the album, no remedy for the common cold is indeed ever offered through **Persian Pelican's** songs. Instead he chooses to communicate, whether it be in a dialogue or a monologue, the emotional massacre that can come from human interactions and sentimentality occurring in everyday life; a game in which the chill of death can be more welcome than the fire of love.

Persian Pelican is a 'genetically modified folk project' conceived by Andrea Pulcini. He released his debut album, ***These Cats Wear Skirts to Expiate Original Sin***, in January 2009, then he moved to Barcelona for two years playing in a lot of clubs with other catalan musicians.

The second lp ***How to Prevent a Cold***, composed there and recorded in Rome, has been available online since December 2012. Delicate acoustic environments and electric textures are tied with violent lyrics about everyday life perversions in human relationships. A panorama in which sometimes love is colder than death.



“How to prevent a cold”

Persian Pelican

(self-released, 2012)

Release date: December 10th, 2012

- 1 - Everyone with his own past
- 2 - There's no forever for us
- 3 - Overcast sky
- 4 - How to prevent a cold
- 5 - Glass fragments in the soup
- 6 - Silent changes
- 7 - A doll's house
- 8 - A wife during wartime
- 9 - Little red riding hood
- 10 - Indian ink
- 11 - Nothing to hide
- 12 - Dorothy

[“How to prevent a cold” streaming](#)

[“There's no forever for us” videoclip](#)

[“Dorothy” videoclip](#)

PERSIAN PELICAN:

<http://soundcloud.com/persianpelican>

<http://persianpelican.bandcamp.com/>

www.facebook.com/persianpelican

PRESS AGENCY:

sciarparosapress@gmail.com

BOOKING:

damiano@modernista.org